



Message from the Board

We hope all the children had a great break and that you managed to get some family time together over the summer holidays. Term One is always busy as the students settle into their school year. We look forward to catching up at the annual Family BBQ where you will have the opportunity to meet your child's teacher and other members of our school community.

Representation on Boards of Trustees

Every three years state and state integrated school communities elect their parent and staff trustees to help govern their schools. Boards around the country are preparing to hold their 2019 triennial school board of trustee elections which will take place in May 2019. If you are interested in joining the board and would like more information you can go to NZSTA website or contact the following board members -

Greg Davey greg.davey.gd@gmail.com

Anne Nieuwland annieandtim@value.net.nz

Claire Kim harukim88@hotmail.com

Yours sincerely

Greg Davey

Board of Trustees Chairperson



Principal's Message

Welcome to all and a special welcome to our new staff, students and their families. What a great start to the 2019 school year. It has been wonderful to see all the smiling faces as the students return to school. After a long summer holiday our young people appear taller, more mature and all grown up. I am not sure whether it is the sunshine, relaxation and change of routine which supports their growth spurt. Most of our students have settled well and are engaged and happy in their classes. This year we have a focus on Literacy across the school and we are all excited to be working with Dr Sally Clendon.



Welcome to our new students and families

Bayswater 1 – Johnny Dipple and Jackson Attwood

Bayswater 2 – Jacob King

Manuka 15 – Queenie Lyu, Lawrence Clements, Terence Stringer and Xavier Wilson

AJHS 15 – Annabel Du Bussion

Windy Ridge 2 – Jing Li, Noah McAltine

Welcome to our new staff

Room 1 – Michael Wynne

Room 4 – Debbie Schaffler

CRT release – Nicola Sanders



Dates for 2019

Term 1: Monday 4 February – Friday 12 April

Wednesday 6 February – Waitangi Day

Tuesday 27 February Trikes demo 10:00 – 2:00pm, BOT Meeting 7:00-9:00pm

Tuesday 5 March – Family BBQ Picnic 5:30 – 7:30pm

Friday 29 March – Adapted Sports

Monday 8 to Friday 12 April – IEP's Windy Ridge and Base School classes

Term 2: Monday 29 April – Friday 5 July

3 June – Queen's Birthday

Monday 29 April to Friday 3 May – IEP's Bayswater, Manuka, Albany Junior and Glenfield C

Term 3: Monday 22 July – Friday 27 September

Term 4: Monday 14 October – Wednesday 18 December

Monday 28 October – Labour Day

Notices



Transportation to and from school

It is the parent/caregiver's responsibility to secure car seats into the vehicle, buckle children into their seats and to receive their child at the end of the day. Drivers contracts state that they are not allowed to buckle the children in, so please support them by doing this each day. It is important that there is an adult at home when the child arrives from school. For safety purposes the driver **may not leave** the van as there are other students needing supervision. The drivers will only wait three minutes at an address to collect your child as they have to complete their run.

Any change of address needs at least 10 days notification before the necessary changes can be actioned, make sure you contact the school well in advance.

Call Sue Purnell at the office or email her at suepur@wilson.school.nz or admin@wilson.school.nz if you have any changes, issues or concerns regarding transportation.



School Donations

The Board of Trustees have set the donation amount at \$195 per student per year. We are very thankful to you for making this contribution as these much-needed funds help us to provide those things the Government Grant does not cover. Without these funds we would not be able to provide such a wide range of opportunities for our students. Please remember this is a donation and as such can be claimed on your annual tax return on the 31st March 2019.

OUR VISION

Every learner at Wilson School will always have opportunities to a quality of life where they are able to communicate, have and make choices, develop life skills, participate in their community and be valuable members of society.

OUR AIMS

- Provide a safe and nurturing environment
- Uphold a culturally responsive environment for our diverse population
- Foster and encourage independence
- Recognise every student as a learner
- Every student will have an effective communication system
- Embrace digital technologies to support students learning

OUR MISSION STATEMENT

Wilson School in partnership with families and/or whānau will provide individualised specialist education to support students to strive to meet their full potential.

CHARTER & STRATEGIC DIRECTION



2019 – 2021

OUR MOTTO

**ENGAGE, BELIEVE, ACHIEVE
LEARN, SUCCEED**

Strategic Goal 1: STUDENT LEARNING AND ENGAGEMENT

All students will be recognised as learners, who have access to the curriculum, that is differentiated to their needs, to ensure their success and will be supported to do so.

Strategic Goal 2: STAFF

All staff will work collaboratively in an interdisciplinary and interschool approach to support, share and learn.

Strategic Goal 3: CULTURE AND ENVIRONMENT

Our learning community will work in partnership with whānau/families and the wider community to provide a safe, caring, supportive and culturally responsive environment which ensures well-being for all.

WILSON SCHOOL VALUES:

AKO: Learner

Acceptance, Knowledge, Opportunities

OUR SPECIAL CHARACTER

Wilson School is a state school that caters for the learning and care of students with a range of abilities and disabilities between the ages of 5-21 years of age from varied and dynamic multicultural backgrounds. The school embraces a totally holistic approach to learning with the support of professionals including teachers, therapists, specialists and support staff. Students are taught at either the base school in St. Leonards Road or in one of the satellite classes in a mainstream host school. Learners at Wilson School will have opportunities, through a multidisciplinary approach, to engage and achieve in a caring, inclusive and safe environment.

1.1 Every student will have an individualised programme developed in collaboration with their family to work towards their hopes and aspirations.

1.2 Every student will be assessed using relevant assessment tools to support their learning.

1.3 Every student will have their voice heard through an effective communication system to support their engagement and communication.

1.4 Every student will be supported to develop as digitally capable thinkers, producers and

2.1 Staff will participate in a learning culture that embraces high expectations, focusing on inquiry and reflective skills to improve practice.

2.2 Staff will participate in ongoing, relevant professional development to support effective practice to improve learning outcomes for all students.

2.3 Staff will be provided with opportunities to promote and develop Leadership Skills.

2.4 Staff will develop as digitally capable thinkers, producers and creators.

3.1 Culturally responsive practice acknowledging firstly our bicultural commitment, providing experiences reflecting our community.

3.2 Develop robust sustainability awareness and practice.

3.3 Close monitoring of and prompt responsiveness to Health and Safety issues.

3.4 Develop digital technologies to create smart systems and structures for reporting and information purposes.

Me Mahi Tahī Tatou Mo Te Oranga O Te Katoa

We work together for the well-being of everyone

Wilson School Specialist Teacher Outreach Service



The Outreach Service starts the year supporting 10 schools and 16 students, across Primary, Intermediate and Secondary school settings. It is always a busy start to the year, as students return to school and meet their new teacher for the year, and support staff at their mainstream school.

We are looking forward to working alongside the students, families / whanau, teachers, teacher -aides and SENCOs to support team goals.

*The Outreach Team
Jenny and Joanne*

Fitness for learning and behaviour

The evidence is strong: exercise promotes physical health, but also thinking, learning and behaviour.

For the last two years, I completed study into the relationship between physical activity, cognition and learning in primary school children. It is an exciting new research field with potential of improving neurological health and cognitive ability in children.

Studies show benefits are gained from a wide range of activity: sustained or short bursts of aerobic exercise, strengthening and co-ordination activities. The key to success is that it needs to be regular.

My study had two key findings: high levels of physical activity are linked to higher levels of both cognitive ability and academic performance; and children who increased physical activity over a 6-month period had improvements in maths, reading and higher-level thinking skills. The latter study indicated that doubling steps walking led to improvements of around 6%.

The studies were of around 700 mainstream children aged 7-10 years, but evidence says the findings are applicable to Wilson School students.

I once worked with a young boy at a different school with attention difficulties and the teacher said he would not sit still and learn for five minutes. I took him for a run around the school field then he sat and did his work for 10 minutes. The teacher said it was only 10 minutes, but seemed to miss the fact that was more than double his previous output.

Before I started my study, I noticed Room 3 teacher Greg Woodcock has a strong fitness component to his curriculum. I asked, "Do you find it hard to settle the students back in class to learn afterwards?" Greg said they attend better after fitness. That concurs with studies, where children who exercise before a test perform better than those sit still.

The physical activity measured in my studies was simply daily steps taken. Try going for a 30 minute walk with your child 3-4 times a week. And getting a basic pedometer can be really motivating.

Adrian McPherson. Occupational therapist



Top right: Drew Morris walks around Wilson Centre grounds which helps him settle for class.

Bottom: Dabeen Lee (left) and Viraj Mankame (right) taking part in class fitness routine.

Hydrotherapy is here!

- Hydrotherapy is activity or exercise that is performed in warm water to help a person to achieve the goals set for their therapy.
- Hydrotherapy may provide pain relief, and increase fitness, mobility, strength and function for children and adults with cerebral palsy.
- For someone with severely limited mobility, hydrotherapy can be liberating – enabling much greater movement than they are able to experience on land.

Along with improving strength and mobility, hydrotherapy is also frequently used as part of rehabilitation programs following surgery. While a person with cerebral palsy is recovering from their surgery, hydrotherapy can help to gradually increase movement and their ability to put weight through their feet.

The unique properties of water mean that hydrotherapy has the potential to benefit people with cerebral palsy right across the severity spectrum. Exercising in water may provide greater physical activity opportunities for people with more significant movement limitations when compared with land-based activities.



Dermot Comar
Physiotherapist
Wilson School

Learning about eating and swallowing safely

Have you ever thought about the skills that you need in order to eat safely? Here is a simplified lesson in the process of eating and swallowing:

1. Your lips close around the spoon or fork to hold the food in the mouth... or your teeth bite the food into manageable pieces.
2. Your tongue moves the food to the side, between the molar teeth, so that you can chew the food. You need to chew so that the food is broken into tiny pieces moistened with saliva and then squashed together to form a lump called a “bolus” – like the process of making dough.
3. Once the bolus is formed, your tongue pushes the food to the back of the mouth ready for swallowing. At this stage the epiglottis, the “lid” that protects the windpipe, closes to stop food going down the wrong way. Then you can swallow safely.

What can go wrong?

If you have weak lip muscles, the food could fall out of your mouth. That means that you won't get enough to eat and you will be tired and lacking in the nutrients that you need. If you are unable to bite effectively, you will be unable to break food off into manageable pieces, so you could choke on the food.

If you are unable to move your tongue from side to side, you will be unable to chew your food effectively, so you won't be able to form the bolus. This means that little pieces of food might fall down the back of the throat without triggering the safety mechanism to protect the airway.

So how can we help our students to eat as safely as possible?

One effective strategy is to select the texture of food that matches their eating and swallowing skills. Here's a simple chart to give you an idea:

Eating skills	Appropriate food texture
Able to bite and chew effectively	Regular food
Unable to bite. Able to chew soft food	Bite sized pieces of soft food
Unable to bite or chew effectively. Able to use tongue to squash food against roof of mouth to form bolus.	Moist food with tiny pieces
Unable to bite or chew effectively. Tongue moves only forwards and backwards.	Pureed food

If you would like to know more about this topic, you would be very welcome to contact the therapy team on wilthe@wilson.school.nz and a therapist will contact you to arrange a meeting.

Susie Mole and Laura Unwin
Speech Language Therapy team

Hello from Windy Satellite classes 1 & 2

We are excited to be starting the year ahead and looking forward to sharing with you our future learning.

In **Windy room 1** we have the following staff:



Susan



Erica



Naoko



Liz

with students: Charlotte, Lia, Thomas, Yassin and Akshaj.

In **Windy room 2** we have the following staff:



Ria



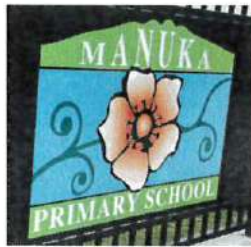
Tina

with students: Noah and Jing.

We would like to congratulate Lia Dia's family on their recent addition to the family, the birth of a son.

This term our focus will be:

- settling into class routines and
- working on our topics: "All About Me" and "The Beach".



Manuka 15 - Our first week at school in 2019

We made playdough.	We met Ava, the Pet Therapy dog.
	
We did lots of exploring with patterns and numbers.	We practised reading and writing our names.
	
We made a story about our first week at school!	
<p>Petrus ran fast.</p> <p>Ash caught number one.</p> <p>Queenie is exploring.</p> <p>Charlie is running.</p>	<p>Terrence is playing.</p> <p>Xavier is drawing.</p> <p>Lawrence is climbing.</p>

We are settling into the new school year really well!

Manuka 16 has made a great start to the year. We are enjoying getting to know each other and our environment. We have been making and reading new books, discovering what is in 'the bucket,' art and craft, learning new Maori words, listening to music and many other exciting things. It has been very hot (wera) so we have also enjoyed water activities in the afternoons.



Welcome back to school!

► What a fun and exciting 2 weeks it has been! Our students at Bayswater are really loving our “under the sea” theme and with it being SO hot, this theme has been perfect as we have been doing a lot of fun water activities. Fishing for tropical fish was a blast and enjoying a lovely visit from our furry friend, Ava brought many smiles to our classroom. 😊



Bayswater Satellite Room 2

We have had a great start to the new school year! Kathryn Huish is joining our team this year and will be the teacher in the class on Wednesday. We have lots of fun things planned for the term including swimming on Mondays and pet therapy on alternate Tuesday. The students were very excited about meeting Eva (pet therapy dog) this week and we would like to think Eva enjoyed her time with us as well! 😊

Anju Raza



What a great way to start the year – a visit to the The Auckland Museum on Wednesday 13th February; week 2.



T 15 went with T 16 to the museum to view
The Secret World of



Butterflies.



We are studying butterflies this term, so we decided to visit the museum before the exhibition closed. It was fabulous!

We especially loved using the computer to design our own butterflies and then swipe up and set the butterflies free to flutter away in the bush setting with the other butterflies. This was such an engaging interactive experience. Many of our students designed lots of butterflies and watched with delight as their creations came to life.



Welcome to Albany Junior, T16

Introducing our bright and beautiful butterflies!

We have been lucky enough to start the new school year with a trip to Auckland Memorial Museum to check out the fantastic butterfly exhibit...we can't wait to learn all about butterflies this term!

Johnny



Xavier



Ashlee



We think we would make amazing butterflies!

Griffin



Daniel



Hayley





Glenfield College Satellite Junior Class

The Junior Class students have returned from the holidays with smiles and ready to be involved in their learning.

We have some new students in the class, and they are settling into school life at College.

Students are supported in the class by the fantastic teacher-aides who have been helping the students get back into the class routines. There has been sharing of holiday experiences by students and staff.

Here we are celebrating the new school year with new activities and friends:




**WORK
Together
AND
HELP
Each other**

We are looking forward to carrying on with the positive start to the year, having fun with our learning, enjoying each other's company, and working together as a team.

From the Junior Class Glenfield Team

Glenfield College Transition Class

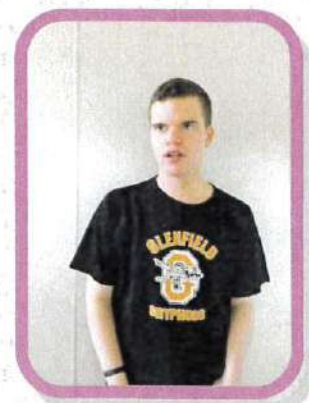
Welcome back to all our wonderful students in the Transition Class. This year we are excited to be having Ted and Aidan joining us. We have started the year with different curriculum activities within the classroom, having made a start on our mosaic bottles and percussion band. We will soon be resuming our visits into the local community. Many of our students will soon start their job placements too. A busy, fun-filled, learning year ahead!



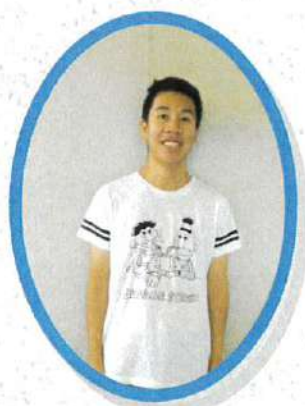
Atawhai



Marcus



Levi



Edward



Shohrab



Aidan



Ted



Room 1 - Wilson Base



So far in Room 1 we have been working on our feelings and how to see when somebody is upset. We have also been learning our numbers in maths after a long summer in the sun and looking at books to help us learn about the sea and what lives underneath it.

A little about the new Teacher.

I have written to most of you in the communication books to briefly introduce myself. My name is **Mike** and I am a teacher from the UK. I have worked within special needs for the past 3 years with a whole range of learning difficulties. I enjoy keeping the kids active in school and also making learning fun in class. If you have any questions about school or the children then feel free to write it in their communication books which we check every morning.

This Term

The topic for the term is **Under The Sea**- if any of the parents/carers have any books/items that relate to the sea then the children can bring them in to show the class. With this topic we will be visiting the beach and looking in the sea quite often so if children could have a pair of togs in their bag most days that would be great



Rangatahi – Room 2



**Just easin' back
into the...**

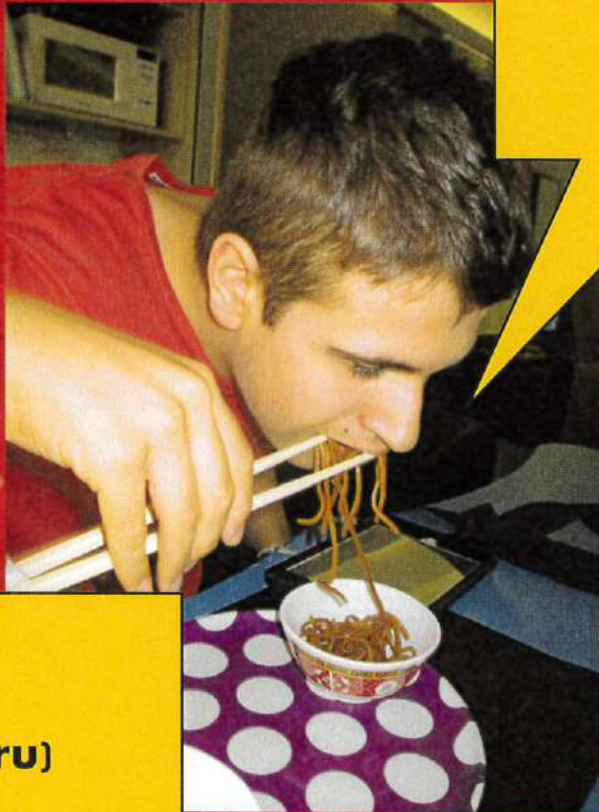


Leisure Activities

Rangatahi – Room 2

(om, nom, nom)

New Year



(suru, suru)

Yum!!!



Room 3

Term 1 2019



James



Nathaniel



Vonnie



Viraj



Dabeen

Room 3 is back into it, in this this wonderful hot weather, perfect for swimming at the beach and enjoying a bit of waterplay. We have two students, Viraj and Dabeen who are turning 21 this year and who will be graduating at the end of the year. We are looking forward to enjoying their final year with them. We are also very blessed to have our two wonderful teacher-aides, Naz and Madelein back with us again, so you know that 2019 is going to be a great year for Room 3!



Fitness in the outdoors



Foot spas are a necessary pleasure

Greg Woodcock
(Room 3 Teacher)



Practicing our grooming



Making a necklace for Valentines Day



Playing with good posture is imperative



The best cure for those hot lunchtimes



Room 4



The students in Room 4 have adjusted well to their new teacher – Debbie. They have been busy the last two weeks and cannot wait to share their experiences with you.

Baking apple muffins was a treat for all of us. Yummy!

During art, we celebrated Valentine's Day.

Sensory activities and socializing with peers form part of the program every day at school.

We are looking forward to the rest of the year in Room 4.



From the Room 4 Team

THE HEAT IS ON! WELCOME 2019

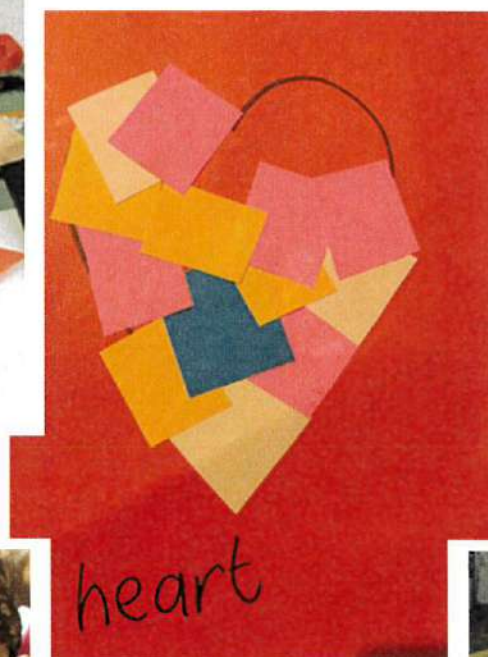
R5 Team had an amazing kick start of the term! Everyone was excited to do more and learn more! Rosa, Elijah, Joe and Laura have shared incredible holiday experiences! Everyone was excited to meet their new friend, Sebastian.

The class had a fab post-birthday party for Joe and Rosa – invited some of their friends from R2, R4 and R6! They had a joyous Latin Music dance on floor and indulge to the beat!

We are delighted to be back at school indeed! 😊



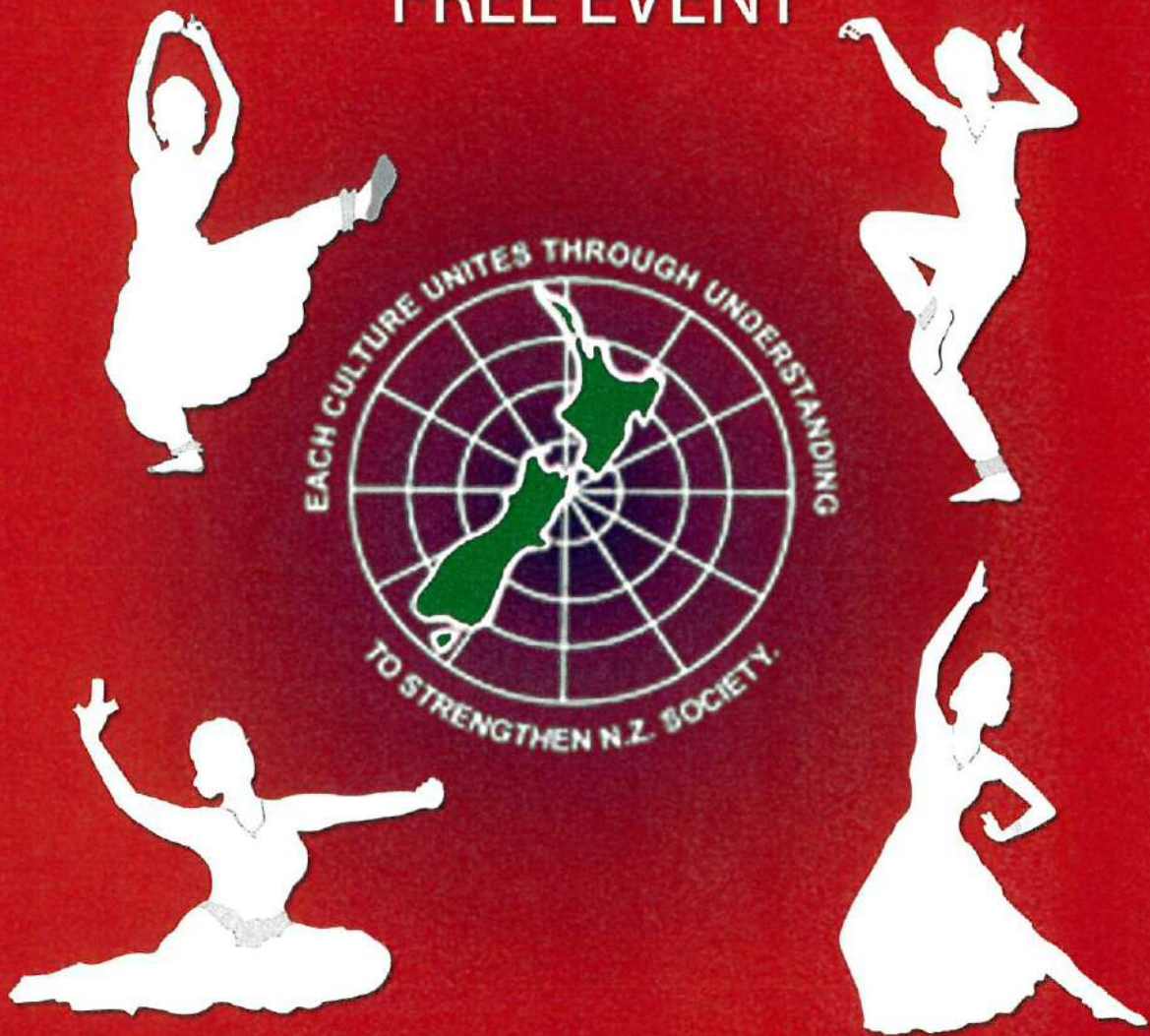
Room 6



Focused on our Learning in R6
Jasmine, Louie, Filly, Precious, Sunyoung, Mylee + Amy
Supported by Marie-Therese, Nicola, Philippa, Delwyn
+ Hannah

22nd Lakeside Multicultural Festival 2019

FREE EVENT



Music and dancers from around the world (dancers, singing from all Auckland under one roof at the PumpHouse – Takapuna

Date: Sunday 17 March 2019

Time: 1:00pm to 5:00pm

Venue: PumpHouse

2a Manurere Avenue,

Takapuna

Auckland 0622

Bring: Water & sun block



In case of rain the event will be inside the PumpHouse theatre / if sunny at the amphitheatre.

<http://www.aucklandmulticulturalsociety.org.nz>

Phone: 09-638 6771